

November 2022 HS

Monday	Tuesday	Wednesday	Thursday	Friday
	Banana Bread 1 Stuffed Baked Potato Salsa Pinto Beans Bread Stick Fruit	Blast Pizza 2 General Tso Chicken Fried Rice Mixed Veggies Broccoli Fruit Choc. Graham Cracker	Confetti Pancakes Pizza Crunchies Corn Broccoli Choc Pudding Roll Fruit	Muffin 4 Rotini Bread Stick Romaine/Ranch Mini Rice Krispie Fruit
Halloween				
Mini Cinn Buns 7 Hot Ham + Cheese Sweet Potato Fries Red Peppers Pork + Navy Beans Romaine/Ranch Fruit	Blast Pizza 8 Round Pizza Baby Carrots Marinara Sauce Pork + Navy Beans Apple sauce Mini Rice Krispie	Banana Bread 9 Chicken Nuggets Pork + Navy Beans Sweet Potato Fries Roll Fruit	Blast Pizza 10 Country Baked Steak Mashed Potatoes Gravy Corn Roll Fruit	Muffin 11 BBQ Baked Beans Green Beans Fruit Veterans Day
Cinn Pop Tart 14 Chicken Strips Spinach Deli Roasters Fruit	Banana Bread 15 Bosco Sticks Romaine/Ranch Baby Carrots Fruit	Eggs + Bacon Bait 16 Texas Straw Hat Refried Beans Salsalupo Sour Cream Fruit	Blueberry Pancake 17 Popcorn Chicken Cauliflower Green Beans Roll Pears Sherbet	Strawberry Pop Tart 18 2 Rib Crinkle Cut Fries Sweet Pot Fries Apple sauce
Mini Pancake Waffle 21 Turkey Manhattan Corn Romaine/Ranch Choc Pudding Fruit	Blast Pizza 22 Spag/sauce Garlic Toast Green Beans Cooked Carrots Vanilla Pudding Fruit	O	F Thanksgiving Day	F
Cocoa Puffs 28 Cheeseburger Sweet Potato Fries Pork + Beans Fruit	Blast Pizza 29 Bosco Sticks Romaine/Ranch Baby Carrots Fruit	Mini Cinn Buns 30 Bread Chicken Bait Spinach Deli Roasters Fruit	Eggs Bacon Pizza Spicy Chicken wings Iceberg/Ranch Deli Roasters Bread Stick Cookie Fruit	Hot Fudge Pop Tart Fish Slow Green Beans Fruit